

Welcome to [ilovemyreadingglasses](http://ilovemyreadingglasses.com) where you will find the best selection of stylish, reliable and affordable reading glasses in the UK

The level of magnification in the lenses of reading glasses is called diopter strength. A diopter strength of +1.00 means a weak magnification, +3.00 means a very strong magnification.

To find the strength you need, print this page on standard A4 paper, read each line of the chart below starting at the top. It must be read without glasses from a distance of about 14 inches / 35 centimetres. However, you may wear corrective contact lenses. [Click here](#) to print this chart.

“I love my reading glasses”; if this is blurry use + 3.00

“I love my reading glasses”; if this is blurry use + 2.50

“I love my reading glasses”; if this is blurry use + 2.00

“I love my reading glasses”; if this is blurry use + 1.50

“I love my reading glasses”; if this is blurry use + 1.00

Reading glasses are available without a prescription, and are intended as an aid if you have blurred vision at close range.

Reading glasses are to be worn over contact lenses or over the naked eye.

Ready-to-wear non-prescription glasses are not intended to replace prescribed corrective lenses or regular eye check-ups by a qualified professional.